

Lunch menu subject to change.

MON – 12/2	TUES – 12/3	WED – 12/4	THUR – 12/5	FRI – 12/6
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal	Cereal	Cereal	Cereal	Cereal
Or	Or	Or	Or	Or
Bagel & Cr. Cheese	Muffin	Fruit & Yogurt Parfait w/Granola	Pancakes	Egg & Cheese Sandwich on English Muffin
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
French Toast Sticks	American Chop Suey	Chicken Nuggets	Pigs in a Blanket	Hawaiian Pizza
w/Syrup	w/Dinner Roll	Or	Or	(ham & pineapple)
Or	Or	Hot Ham & Cheese	Hot Ham & Cheese	Or
Hot Ham & Cheese	Hot Ham & Cheese	Sandwich	Sandwich	Hot Ham & Cheese
Sandwich	Sandwich	French Fries	Baked Beans	Sandwich
Hash Brown Potato	Broccoli			Sweet Potato Fries
MON – 12/9	TUES – 12/10	WED – 12/11	THURS – 12/12	FRI – 12/13
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal	Cereal	Cereal	Cereal	Cereal
Or	Or	Or	Or	Or
French Toast	Fruit & Yogurt Parfait	English Muffin w/	Waffles	Cinnamon Roll
	w/Granola	Scrambled Eggs		
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Cheeseburger on WG	Soft Baked Pretzel w/	Teriyaki Chicken	Mac & Cheese	Beefy Cheese Nachos
Bun	Cheese Sauce	Dippers w/Brown Rice	Or	w/Salsa
Or	Or	Or	PB & J w/ Cheese Stick	Or
PB & J w/ Cheese Stick	PB & J w/ Cheese Stick	PB & J w/ Cheese Stick	Broccoli	PB & J w/Cheese Stick
Fries	Green Beans	Carrots		Beans
	1	1	1	1

MON – 12/16	TUES 12/17	WED – 12/18	THURS – 12/19	FRI – 12/20
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cereal Or Bagel & Cr. Cheese	Cereal Or Muffin	Cereal Or Fruit & Yogurt Parfait w/Granola	Cereal Or Pancakes	Cereal Or Egg & Cheese Sandwich on English Muffin
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Nuggets Or Hot Turkey & Cheese French Fries	Spaghetti w/Sauce & Meatball Or Hot Turkey & Cheese Carrots	Chicken Cheese Quesadilla w/Salsa Or Hot Turkey & Cheese Spinach	Pigs in a Blanket Or Hot Turkey & Cheese Baked Beans	Hamburg Pizza Or Hot Turkey & Cheese Green Beans

MON – 12/23	TUES – 12/24	WED – 12/25	THURS – 12/26	FRI – 12/27
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
	HAPPY	HOLID	AYS	

This institution is an equal opportunity provider. In accordance with State law this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, sexual orientation or disability. (Not all prohibited bases apply to all programs) To file a complaint of discrimination, write Maine Department of Education, Civil Rights Officer, 23 State House Station, Augusta, ME. 04333 or call 207-624-6875. Maine is an equal opportunity provider and employer.